

TASTE N' SCORE MINERALS

Taste n' Score Minerals are formulated with no preservatives or artificial flavorings so you can use your sense of taste to take only the minerals your body is asking for! SENSEable Supplements offers nine Taste n' Score Minerals. If you have just one or all nine, follow these **Taste n' Score** steps:



TASTE: Put the number of drops *listed on the label* (e.g. 10 drops) into an empty 8 oz. glass. Fill with 8 oz. water. Sip and taste slowly. Once you know your score you can toss the sample.

SCORE: Score the taste – from 'Good to 'No Thanks'

Score 1-4? – Add to water, juice, smoothie or beverage of choice. You may double the number of drops for any mineral you score 1 & 2.

Score 5-7? – Don't Add

Re-test as often as you like. Your scores will change because your needs change due to diet, activity and stress.

WHAT DO MY SCORES MEAN?

Scores of 1-4 indicate the body has an appetite/need for those nutrients.

Scores of 5-7 indicate adequate or excess levels.

Your target should be scores in the **4-5** range indicating an adequate but not excess level.

Which Taste n' Score Minerals are available?

Taste n' Score Minerals are highly absorbable liquid minerals considered essential to human health. The minerals are pure – mineral salts suspended in purified water with **no** preservatives or artificial colors. Minerals support all metabolic processes including heart function, enzyme production, regulating body temperature, and glucose management.

2 Electrolytes

- Potassium
- Magnesium

7 minerals & trace minerals

- Zinc
- Copper
- Chromium
- Manganese
- Molybdenum
- Selenium
- Iodine

MAKE A CUSTOM MINERAL DRINK: The **Taste n' Score Mineral Kits** contains six or nine 2-ounce bottles of essential minerals. Make a personalized multi-mineral drink using your natural, built-in nutrient navigation system – your sense of taste! *Special discount Kit pricing.*

More information? Need to order? Visit www.senseablesupplements.com or AMAZON.com or call 509-927-8004